



2021 Amonte Sports-Northwestern Lacrosse 2-Day Commuter Camp Tuesday-Wednesday, July 20 & 21 • Martin Stadium, Northwestern University

Thank you for registering for the 2021 Amonte Sports-Northwestern Lacrosse 2-Day Commuter Camp (Grades 6-12) at Martin Stadium, Northwestern University. We have assembled some of the top players and coaches from across the country to help you improve your skills, as well as leave with a greater understanding and love for the game.

The information in this packet is VERY IMPORTANT. Please read it thoroughly and feel free to call or email us at (773) 771-3178 or info@amontesports.com. You can also find these documents online at www.amontesports.com.

REGISTRATION AND LOCATION

- Check in for Pre Camp Clinics: 9-9:30 AM on July 20 (clinic goes from 9:30-10:45 am)
- Check in for regular camp (those not doing the pre-camp clinics) on July 20 is 11:00 AM-12:00 pm. Camp begins at 12 pm
- Check in for camp on Wednesday, July 21 begins at 8:30 am with camp starting at 9 am

Camp will take place at the Lanny & Sharon Martin Stadium, 2235 Campus Drive. Signs will be posted on campus directing you to registration. There are directions to Martin Field included in this packet.

Drop off and pickup locations will also be sent the week prior to the start of LAX camp. **Lunch will be provided on Tuesday & Wednesday. Please bring snacks & drinks on Tues. & Wed. if you so choose. There will be snacks & drinks for purchase at camp.**

CONTACT PHONE NUMBER AT CAMP

If you need to reach the Amonte Sports staff or your daughter during the camp day, please call (773) 771-3178. If no one answers, please leave a message and a representative will return your call or relay the message to your daughter.

MEDICAL PAPERWORK

In order to attend camp, participants MUST submit a Health & Release Authorization waiver AND their more recent Physical and Immunization records.

Online registrants have already uploaded the Health & Release authorization waiver, as well as the Physical and Immunization records. Bring a hard copy to registration if not uploaded during online registration.

Offline registrants MUST submit the Health & Release Authorization waiver and Physical and Immunization records by June 1, 2021. Please email them to info@amontesports.com.

HEALTH AND SAFETY

There will be a certified athletic trainer working at camp, available to attend to players' needs at all times.. Drugs, alcoholic beverages, and cigarettes are strictly forbidden and constitute along with general misconduct, grounds for immediate dismissal without refund or credit.

COVID GUIDELINES

Amonte Sports will send a list of COVID guidelines a week before camp. We will adhere to the Illinois Department of Public Health guidelines.

CHECKLIST OF THINGS TO BRING

- Mask(s)
- T-Shirts
- Athletic Socks
- Mouth Guard
- Insect Repellent
- Spending Money
- Shorts
- Sports Bras
- Sneakers
- Water Bottles
- Goggles
- Gloves (Optional)
- LAX Stick
- Sunscreen
- Sweatshirt
- Sweatpants
- Cleats

For GOALIES

- Goalie Equipment
- Goalie Stick
- Helmet

Campers should arrive dressed and ready to play.

CANCELLATION POLICY

Amonte Sports Cancellation Insurance: For an additional \$45, cancellation insurance can be added to your registration. Our cancellation insurance entitles you to a full cash refund of all school fees paid to Amonte Sports at the time of cancellation. An administrative fee of \$50 will be applied to any cash refund for cancellations. Note that the \$45 cancellation insurance is non-refundable. To receive a full cash refund, you must email Amonte Sports, info@amontesports.com, prior to the start of camp. Cancellation insurance must be purchased upon initial registration/deposit, and cannot be added retroactively. Refunds will be processed by August 1.

AMONTE SPORTS GENERAL CANCELLATION POLICY

This policy applies to all participants in Amonte Sports Events. If you cancel from the Event you have registered for, for any reason, the registration fees are non-refundable. Cash refunds will only be issued with the purchase of cancellation insurance (for camps/schools only) when available. Cancellations must be made in writing via email to: info@amontesports.com. An administrative fee of \$50 will be applied to any cash refund for cancellations.

PAYMENT

Amonte Sports must receive full payment upon registration. All balances are to be paid in full prior to the start of camp.

TRAVEL

If you will be flying into camp, please use Chicago O'Hare or Midway Airport. Amonte Sports has two (2) recommendations for pre-arranged airport transport to/from (transport is not provided and is the participant's responsibility):

- Mike Gintzler Limo Service (#312-504-8367)
- UBER (download App & setup account to schedule transport from airport)

HOTEL

For those who are coming from out of town, we have special discount rates at the following hotels which are just minutes from campus. To make a reservation go to:

Holiday Inn Chicago-North Evanston - \$135 per night

1501 Sherman Ave

Reservation Link:

https://www.ihg.com/holidayinn/hotels/us/en/evanston/chine/hotel/detail?fromRedirect=true&qSrt=sBR&qIta=99801505&icdv=99801505&qSIH=CHINE&qGrpCd=ASC&setPMCookies=true&qSHBrC=HI&qDest=1501%20Sherman%20Avenue.%20Evanston.%20IL.%20US&sr_b_u=1

Or call the hotel directly at (847) 491-6400 and ask for the Amonte Sports Camp Group

Last Day to Book: Friday, July 2, 2021

Hilton Garden Inn Chicago North Shore/Evanston - \$119 per night – 1818 Maple Ave, Evanston

Reservation

Link: <http://group.hiltongardeninn.com/AmonteSports>

- Please note, the entire URL must be copied and pasted for it to work properly.

Group Name: AMONTE SPORTS

Last Day to Book: Friday, July 6, 2021

CAMP SCHEDULE

Day 1:

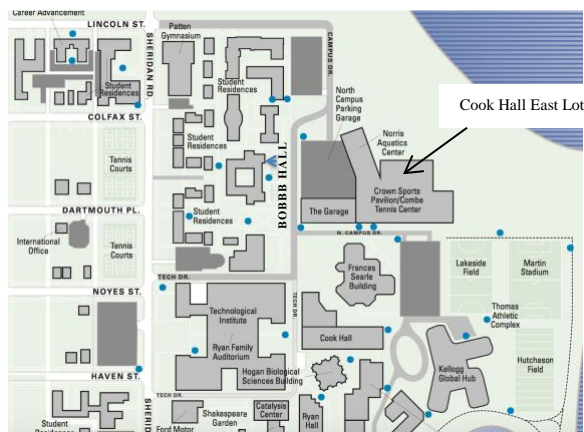
9:00-9:30 am: Registration for Pre-Camp Clinics
9:30-10:45 am: Shooting or Draw Pre-Camp Clinics
11:00 am-12:00 pm: Registration-Main
12:00-2:30 pm: Skills Session 1
2:30-3:30 pm: Lunch
3:30-5:30 pm: Skills Session 2
5:30-6:00 pm: Break-snack
6:00-7:30 pm: Games

Day 2:

8:30 am-9 am Check in for Camp
9:00-11:00 am: Skills Session 1
11:00 am-12:30 pm: Lunch
12:30-2:30 pm: Skills Session 2
2:30-3:30 pm: Break-snack
3:30-5:00 pm: Games

PARKING

There are two parking options, the North Parking Garage and the Cook Hall East Lot. The Cook Hall East Lot is free, but parking is limited. The cost to park in the North Parking Garage is \$10 until 4 pm. After 4 pm parking is free in all lots. Parking passes are available for purchase through Amonte Sports.



INTERESTED IN VISITING DOWNTOWN EVANSTON?

If you are interested in touring downtown Evanston while your daughter is at camp, follow the directions below to downtown Evanston. (Clark and Sherman):

- Heading South on Sheridan Rd. from Northwestern Campus, stay right as the road forks
- Turn right onto Clark Street
- Turn left onto Sherman Ave. and enter the heart of downtown Evanston

*There are numerous restaurants and shops on Sherman Ave. Please visit the following website for options to eat, drink and shop: <http://downtownevanston.org>.

DIRECTIONS TO NORTHWESTERN UNIVERSITY

Getting to Evanston from the North (via I-94)

Take I-94 south to Skokie Blvd follow southbound Skokie Blvd approximately 2 miles to Golf Rd Turn left at the traffic light onto eastbound Golf Rd. Follow Golf Rd approximately four miles into Evanston (road name changes to Emerson St in Evanston!) Just past Maple St in Evanston is a fork in the road; bear to the right to go onto Clark St. Follow Clark St through downtown Evanston. You'll know you're going the correct way when you note some landmarks: the Rebecca Crown Center (which houses the offices of the Central Administration of Northwestern) on the north side of Clark St (to your left) a Burger King restaurant on the south side of Clark St (to your right). Clark St ends at Sheridan Rd. Take a left onto Sheridan road and bear to the left (westbound) when it reaches the main body of the Evanston campus. Please follow the registration directions below once you are on campus!

Getting to Evanston from the West or Northwest (via I-88, I-90 or I-190)

Take I-88, I-90 or I-190 eastbound until you reach northbound I-294 (toward Wisconsin). Take I-294 north to Dempster St east follow Dempster St approximately ten miles through the suburbs of Des Plaines, Park Ridge, Niles, Morton Grove, Skokie and Evanston. Turn left onto northbound Forest Ave just through downtown Evanston (the last traffic light before Dempster St ends at Lake Michigan); You know you'll be approaching this light by looking for the following landmarks: the second-to-last traffic light is at Chicago Ave, in downtown Evanston. At this intersection there is a Baskin-Robbins ice cream shop on the left (northeast corner), and a pet store on the right (southwest corner). One block past Chicago Ave is Hinman Ave; the intersection of Dempster and Hinman is a four-way stop. On the left (northeast corner) is an elementary school. Two blocks further is Forest Ave and its traffic light. Follow northbound Forest Ave for approximately half a mile, curving to the right (eastbound), then left (northbound), until it merges with and ends at Sheridan Rd. When this occurs, you will see Lake Michigan on your right (to the east). Sheridan Rd curves to the left (westbound) when it reaches the main body of the Evanston campus. Please follow the registration directions below once you are on campus!

Getting to Evanston from the West or Southwest (via I-55 or I-80)

If coming in on eastbound I-80, follow I-80 until the interchange with I-55; take northbound I-55. Follow northbound I-55 until the interchange with I-90/I-94; take northbound I-90/I-94. When I-94 splits from I-90, bear to the right, staying on I-94 take I-94 north to Dempster St east follow Dempster St approximately five miles through the suburbs of Skokie and Evanston turn left onto northbound Forest Ave just through downtown Evanston (the last traffic light before Dempster St ends at Lake Michigan); you know you'll be approaching this light by looking for the following landmarks: the second-to-last traffic light is at Chicago Ave, in downtown Evanston. At this intersection there is a Baskin-Robbins ice cream shop on the left (northeast corner), and a pet store on the right (southwest corner). One block past Chicago Ave is Hinman Ave; the intersection of Dempster and Hinman is a four-way stop. On the left (northeast corner) is an elementary school. Two blocks further is Forest Ave and its traffic light. follow northbound Forest Ave for approximately half a mile, curving to the right (eastbound), then left (northbound), until it merges with and ends at Sheridan Rd. When this occurs, you will see Lake Michigan on your right (to the east). Sheridan Rd curves to the left (westbound) when it reaches the main body of the Evanston campus. Please follow the registration directions below once you are on campus!

Getting to Evanston from the East or South (via I-94, I-90, I-80 or I-57)

Once you reach the Chicago area, get onto northbound I-94. Please make the following notes. If you are coming from I-80/I-94: I-94 splits from I-80 and heads northbound south of Chicago I-57: I-57 ends at and merges into I-94 on the southside of Chicago I-90: I-90 merges with I-94 on the southside of Chicago Once you are on northbound I-94: when I-94 splits from I-90, bear to the right, staying on I-94 take I-94 north to Dempster St east. Follow Dempster St approximately five miles through the suburbs of Skokie and Evanston turn left onto northbound Forest Ave just through downtown Evanston (the last traffic light before Dempster St ends at Lake Michigan); you know you'll be approaching this light by looking for the following landmarks: the second-to-last traffic light is at Chicago Ave, in downtown Evanston. At this intersection there is a Baskin-Robbins ice cream shop on the left (northeast corner), and a pet store on the right (southwest corner). One block past Chicago Ave is Hinman Ave; the intersection of Dempster and Hinman is a four-way stop. On the left (northeast corner) is an elementary school. Two blocks further is Forest Ave and its traffic light. Follow northbound Forest Ave for approximately half a mile, curving to the right (eastbound), then left (northbound), until it merges with and ends at Sheridan Rd. When this occurs, you will see Lake Michigan on your right (to the east). Sheridan Rd curves to the left (westbound) when it reaches the main body of the Evanston campus. Please follow the registration directions below once you are on campus!

Directions to Lanny & Sharon Martin Field

2235 Campus Drive, Evanston, IL

From the corner of Sheridan Ave. & Lincoln Street, turn east onto Campus Drive. Follow Campus Drive around the parking garage and continue towards the lake. You will see the athletic facilities on your right.