



## 2021 Amonte Sports-Northwestern Lacrosse 2-Day Commuter Camp Monday-Tuesday, June 28 & 29 • Milton Academy, Milton, MA

Thank you for registering for the 2021 Amonte Sports-Northwestern Lacrosse Commuter Camp (Grades 6-12) at Milton Academy, Milton, MA. We have assembled some of the top players and coaches from across the country to help you improve your skills, as well as leave with a greater understanding and love for the game.

The information in this packet is VERY IMPORTANT. Please read it thoroughly and feel free to call or email us at (773) 771-3178 or [info@amontesports.com](mailto:info@amontesports.com). You can also find these documents online at [www.amontesports.com](http://www.amontesports.com).

### REGISTRATION AND LOCATION

- Check in for the pre-camp clinics: 9-9:30 AM on June 28 (clinic goes from 9:30-10:45 AM)
- Check in for regular camp (those not doing the pre-camp clinics) on June 28 is 11:00 am-12 pm
- Check in for camp on Tuesday, June 29 begins at 8:30 am with camp starting at 9 am

Directions to registration will be sent the week prior to the start of camp. Signs will also be posted on campus directing you to registration. There are directions to Milton Academy included in this packet.

Drop off and pickup locations will also be sent the week prior to the start of camp. **Lunch will be provided on Monday & Tuesday. Please bring snacks & drinks on Mon. & Tues. if you so choose. There will be snacks & drinks for purchase at camp.**

### CONTACT PHONE NUMBER AT CAMP

If you need to reach the Amonte Sports staff or your daughter during the camp day, please call (773) 771-3178. If no one answers, please leave a message and a representative will return your call or relay the message to your daughter.

### MEDICAL PAPERWORK

In order to attend camp, participants MUST submit a Health & Release Authorization waiver AND their more recent Physical and Immunization records.

Online registrants have already uploaded the Health & Release authorization waiver, as well as the Physical and Immunization records. Bring a hard copy to registration if not uploaded during online registration.

Offline registrants MUST submit the Health & Release Authorization waiver and Physical and Immunization records by June 1, 2021. Please email them to [info@amontesports.com](mailto:info@amontesports.com).

### HEALTH AND SAFETY

There will be a certified athletic trainer working at camp, available to attend to players' needs at all times.. Drugs, alcoholic beverages, and cigarettes are strictly forbidden and constitute along with general misconduct, grounds for immediate dismissal without refund or credit.

### COVID GUIDELINES

Amonte Sports will send a list of COVID guidelines a week before camp. We will adhere to the steps outlined by the state of MA in an effort to combat the spread of COVID-19.

### CHECKLIST OF THINGS TO BRING

- |                    |                     |              |
|--------------------|---------------------|--------------|
| • Mask(s)          | • Shorts            | • LAX Stick  |
| • T-Shirts         | • Sports Bras       | • Sunscreen  |
| • Athletic Socks   | • Sneakers          | • Sweatshirt |
| • Mouth Guard      | • Water Bottles     | • Sweatpants |
| • Insect Repellent | • Goggles           | • Cleats     |
| • Spending Money   | • Gloves (Optional) |              |

### For GOALIES

- |                    |                |          |
|--------------------|----------------|----------|
| • Goalie Equipment | • Goalie Stick | • Helmet |
|--------------------|----------------|----------|

Campers should arrive dressed and ready to play.

### CANCELLATION POLICY

Amonte Sports Cancellation Insurance: For an additional \$45, cancellation insurance can be added to your registration. Our cancellation insurance entitles you to a full cash refund of all school fees paid to Amonte Sports at the time of cancellation. An administrative fee of \$50 will be applied to any cash refund for cancellations. Note that the \$45 cancellation insurance is non-refundable. To receive a full cash refund, you must email Amonte Sports, [info@amontesports.com](mailto:info@amontesports.com), prior to the start of camp. Cancellation insurance must be purchased upon initial registration/deposit, and cannot be added retroactively. Refunds will be processed by August 1.

### AMONTE SPORTS GENERAL CANCELLATION POLICY

This policy applies to all participants in Amonte Sports Events. If you cancel from the Event you have registered for, for any reason, the registration fees are non-refundable. Cash refunds will only be issued with the purchase of cancellation insurance (for camps/schools only) when available. Cancellations must be made in writing via email to: [info@amontesports.com](mailto:info@amontesports.com). An administrative fee of \$50 will be applied to any cash refund for cancellations.

### PAYMENT

Amonte Sports must receive full payment upon registration. All balances are to be paid in full prior to the start of camp.

## **TRAVEL**

If you are flying into camp, please use Boston Logan Airport. It is approximately a 20 minute drive to Milton Academy. Amonte Sports recommends UBER (download App & setup account to schedule transport from airport). Transportation is not provided and is the participant's responsibility.

## **HOTEL**

For those who are coming from out of town, we have special discount rates at the following hotels which are just minutes from campus. To make a reservation go to:

### **Marriott Boston Quincy - \$169 per night**

**Reservation Link:** <https://www.marriott.com/event-reservations/reservation-link.mi?id=1617735834260&key=GRP&app=resvlink>  
**Last Day to Book: Monday, May 31, 2021**

### **Hampton Inn Boston/Braintree - \$131 per night**

**Reservation Link:**  
<https://www.hilton.com/en/book/reservation/deeplink/?&ctyhocn=BOSBTHX&groupCode=CHHASL&arrival=20210627&departure=20210701&cid=OM,WW,HILTONLINK,en,DirectLink&fromId=HILTONLINKDIRECT>

**Group Name:** Amonte Sports Lacrosse  
**Last Day to Book:** May 27, 2021

You can also book your reservation by calling the Hilton Reservations toll-free number at 1-800-HILTONS. Make sure you have the Amonte Sports Lacrosse Group Block or the unique code ASL to receive your group rate.

### **Best Western Braintree - \$119 per night**

**Reservation Link:**  
[https://www.bestwestern.com/en\\_US/book/hotel-rooms.22066.html?groupId=P44XW3N6](https://www.bestwestern.com/en_US/book/hotel-rooms.22066.html?groupId=P44XW3N6)

You can also book your reservation by calling the Bester Western Braintree toll-free number at 781-848-1260, and ask for the block rate for "AMONTE SPORTS", and give the hotel a valid Credit Card Number to hold the reservation.

**Last Day to Book:** May 27, 2021

## **DIRECTIONS TO MILTON ACADEMY** **170 Centre Street, Milton, MA 02186**

### **From Boston or Logan Airport by automobile**

Take I-93 south (Fitzgerald "Southeast" Expressway) to Exit 10, Squantum Street, Milton. Turn right at the stop sign. Go 2/10 mile to traffic light, then bear left onto Centre Street. Milton Academy is just after the second traffic light.

### **By automobile from the South Shore**

Follow Route 3 north to I-93 south (Route 128 north toward Route 95) to Exit 5B. Travel north on Randolph Avenue (Route 28 north) to the fifth traffic light. (Do not turn left at the fourth traffic light where Route 28 diverges). At fifth traffic light, turn left onto Centre Street. This is Milton Academy.

By automobile from the Massachusetts Turnpike Take I-95 south (Route 128 south). When I-95 veers off to Providence, stay on 128 south (I-93 toward Braintree) to Exit 5B. Travel north on Randolph Avenue (Route 28 north) to the fifth traffic light. (Do not turn left at the fourth traffic light where Route 28 diverges). At fifth traffic light, turn left onto Centre Street. This is Milton Academy.

### **By automobile from New York City via Providence**

Take I-95 north to I-93 north toward Braintree (Route 128 south) to Exit 5B. Travel north on Randolph Avenue (Route 28 north) to the fifth traffic light. (Do not turn left at the fourth traffic light where Route 28 diverges). At fifth traffic light, turn left onto Centre Street. This is Milton Academy.

### **From Boston by Public Transportation**

Take the MBTA Red Line (Harvard/Ashmont) train southbound for Ashmont (not Quincy/Braintree). At Ashmont station, change for trolley marked Mattapan. Get off at the stop marked Milton. Telephone for a taxi or walk one mile south on Randolph Avenue to the intersection with Centre Street. This is Milton Academy.

## **CAMP SCHEDULE**

### **Day 1:**

9:00-9:30 am: Registration for Pre-Camp Clinics  
9:30-10:45 am: Shooting or Draw Pre-Camp Clinics  
11:00 am-12:00 pm: Registration-Main  
12:00-2:30 pm: Skills Session 1  
2:30-3:30 pm: Lunch  
3:30-5:30 pm: Skills Session 2  
5:30-6:00 pm: Break-snack  
6:00-7:30 pm: Games

### **Day 2:**

8:30-9 am – Check in  
9:00-11:00 am: Skills Session 1  
11:00 am-12:30 pm: Lunch  
12:30-2:30 pm: Skills Session 2  
2:30-3:30 pm: Break-snack  
3:30-5:00 pm: Games