

Below are important details and information to prepare for your 2019 Winter Lacrosse camp at Northwestern University with Amonte Sports.

- **Camp Schedule:** Camp will officially begin at 1 pm and end at 9:00 PM on Saturday 12/7. It will take place from **8:00 AM-12:00 PM** on Sunday 12/8. Registration will begin at 12:30 pm on Saturday (12/7) in the lobby of Ryan Fieldhouse.
- **Dinner will be provided on Saturday.** (NOTE: Lunch will NOT be provided)
Please bring cleats or turfs AND sneakers, and clothes to play both inside and outside. If the weather cooperates, we may go outside during portions of camp.
- **Facility:** Please note there will be absolutely no parents or spectators allowed inside the facility at any time, due to safety and liability guidelines. ONLY players, coaches, and camp staff will be allowed in the facility at any time during the day. Thank you for your cooperation on this front.
- **Medical Record:** If you did not UPLOAD your most recent physical exam and immunization record during online registration, please **SCAN & EMAIL to: info@amontesports.com**. Physicals are good within 18 months (no form only copy needed). **PLEASE LABEL YOUR EMAIL WITH YOUR LAST NAME.** Amonte Sports is committed to making an effort to go *paperless*.
- **Hotel:** Amonte Sports has blocked rooms for 12/6 & 12/7 at: **Hilton Garden Inn**, 1818 Maple Ave., Evanston, IL 60201 (hotel is not provided in camp fee and is the participant's responsibility).
 - **Hilton Reservations:** Booking instructions will be sent out by Friday, October 18. Please look for this information via an email.
- **Airport Transportation:** Amonte Sports has two (2) recommendations for pre-arranged airport transport to/from (transport is not provided and is the participant's responsibility):
 - Mike Gintzler Limo Service (#312-504-8367)
 - UBER (download App & setup account to schedule transport from airport)

If you have any questions, please feel free to reach out to us by email:
lisa@amontesports.com .