

Below are important details and information to prepare for your 2024 Winter Lacrosse camp at Northumbria University with Amonte Sports.

- **Camp Schedule:** Camp will officially begin at 9 am and end at 9:00 PM on Saturday 11/7. It will take place from **8:00 AM-9:00PM** on Sunday 11/8. Registration will begin at 12:30 pm on Saturday (11/7) in the lobby of Ryan Parkhouses.
- **Dinner will be provided on Saturday. (NOTE: Lunch will NOT be provided)**
Please bring clean or dry **AND** sneakers, and clothes to play both inside and outside. If the weather cooperates, we may go outside during portions of camp.
- **Facility:** Please note there will be absolutely no parents or spectators allowed inside the facility at any time, due to safety and liability guidelines. **ONLY** players, coaches, and camp staff will be allowed in the facility at any time during the day. Thank you for your cooperation on this front.
- **Medical Records:** If you did not **UPLOAD** your most recent physical exam and immunization record during online registration, please **SCAN & EMAIL** to: info@amontesports.com. Physicals are good within 6 months (no-hem-only copy needed). **PLEASE LABEL YOUR EMAIL WITH YOUR LAST NAME.** Amonte Sports is committed to making an effort to go paperless.
- **Hotels:** Amonte Sports has Medical rooms for 11/8 & 11/7 at: **Hilton Garden Inn, 2601 Maple Ave., Durham, N. Car.** **(Hotel is not provided to camp for and is the participant's responsibility).**
 - **Hilton Reservations:** Booking instructions will be sent out by Friday, October 18. Please look for this information via an email.
- **Airport Transportation:** Amonte Sports has two (2) recommendations for pre-arranged airport transport to/from **(transport is not provided and is the participant's responsibility)**
 - Mike Glaser Limo Service (+1322-934-8367)
 - UBER (download App & setup account to schedule transport from airport)

If you have any questions, please feel free to reach out to us by email:
info@amontesports.com.