



Camp Dates: July 21-24, 2005 Elite

Amount Paid: \_\_\_\_\_

Classification: \_\_\_\_\_

Balance Due: \_\_\_\_\_

Date Balance Due: July 11, 2005

## **2 WAYS TO PAY YOUR BALANCE**

- **ONLINE @ [www.amontesports.com](http://www.amontesports.com)**  
(instructions available on the last page of this packet)
- **Send in a check to Amonte Sports PO**  
**BOX 615 Hingham MA 02043**

**Dear Camper,**

We are very excited that you will be joining us for a great week of camp at Northwestern University in Evanston, IL. Camp runs from July 21-24, 2005. We hope that this week of camp will be a memorable and exciting experience for you.

Please **read through the attached packet** of information carefully, as you will find all the information needed for camp. Be sure to fill out your **Health/Release and Individual Bio forms** and fax or send to Amonte Sports no later July 11, 2005.

### **Amonte Sports**

PO Box 615

Hingham, MA 02043

Phone: (1-877-Y-AMONTE)

Fax: (1-781-829-0176)

Campers should reports to camp anytime between 12pm and 1pm Thursday, July 21, 2005 at the Elder Dorm (2321 Sheridan Road) on Northwestern University's Campus . Parents are welcomed to join us on Sunday, July 24, 2005 from 9:30am-12:00pm for tournament play and awards. Camp Departure is at 12:30pm, July 24, 2005. (See packet for information on commuter drop off and pick up times.)

If you choose to cancel from camp you will be charged a \$50.00 administration fee. You will receive a credit in the amount representing all money paid to Amonte Sports (deposit and full balance) less the \$50.00 administration fee. This credit will be valid for any Amonte Sports event this year or next (2006) and transferable to any other family member.

With our impressive staff, and unique teaching philosophy, we hope to have a fun filled and competitive week of camp. Enjoy the beginning of the summer and we will see you on July 21, 2005.

Sincerely,

Kelly Amonte Hiller  
Amonte Sports

# Thank you for registering for the 2005 Amonte Sports Elite Camp at Northwestern University. Players should report to camp on July 21, 2005.

We hope that this will be a memorable and exciting experience for you to work with some of the top players and coaches from across the country! The information in this packet is VERY IMPORTANT, so please read it thoroughly, fill out the enclosed forms, and feel free to call us with any questions at our toll free number: 1-877-Y-AMONTE (1-877-926-6683) or e-mail us at [amontesports@comcast.net](mailto:amontesports@comcast.net).

## Registration

12:00pm-1:00pm on the 21st of July in the Elder dorm (2321 Sheridan Road) Also for direction to Northwestern University see the attached map.

## Camp Phone

During the week of camp staff can be reached @ 1-877-Y-AMONTE. If there is no Answer to your call, please leave a message on the machine and an Amonte Sports representative will return your call or relay the message to your daughter.

## Travel

If you will be flying into camp, please use Chicago O'Hare or Midway Airport. We suggest you schedule all airport pickups with Smart Cars 1-800-871-7627. Fees are subject to size of the vehicle and market rates.

## Spending Money

There will be a camp store for campers to purchase drinks, snacks, pizza, and 2005 Amonte Sports lacrosse apparel/merchandise. There will be a camp bank to give players the option to store money in for the duration of the week.

## Roommates

Campers will be assigned to room based on age and roommate Requests. If you have a roommate request that you have not yet indicated to us, please do so no later than 15 days before the start of camp.

## Commuters

On the first day of camp commuters should report to registration dressed and ready to play. All other days, the arrival time is 8:45am and departure at 8:00pm Drop off and pick up locations will be given out at registration. If commuters should drive to camp they will **not be allowed to retreat from the campus** during the course of the day. Lunch and Dinner will be provided.

## Payments

Full payment of camp fees must be received by Amonte Sports **June 14, 2005.**

### 2 WAYS TO PAY YOUR BALANCE

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(instructions available on the last page of this packet)
- **Send in a check to Amonte Sports PO BOX 615 Hingham MA 02043**

## Health Forms/Individual Bio Forms

Mail or fax to Amonte Sports by July 11, 2005.  
Amonte Sports PO BOX 615 Hingham MA 02043.

**Fax (781-829-0176). Camper will not be admitted into camp without these forms. **\*\*If you signed up online you have already completed the health form. We only need you to send or fax us a copy of your physical exam and immunization record (within 24 months).****

## Cancellations

A fee of \$50.00 will be charges to cover administration costs. If you choose to cancel from camp you will receive a credit in the amount representing all money paid to Amonte Sports (deposit and full balance) less the \$50.00 administration fee. This credit will be valid for any Amonte Sports event this year or next (2006) and transferable to any other family member.

## Health and Safety

There will be a certified trainer working at the camp, available to attend to campers needs at all times during the week. Drugs, alcoholic beverages, and cigarettes are strictly forbidden and constitute along with general misconduct, ground for immediate dismissal from camp without refund or credit.

## Camp Games

Camp games will take place every evening during our night session. Parents are welcome to come and watch. On the last day of camp parents are welcome to come and watch tournament play that will run from 9:30am-12:00pm.

## Camp Ends

Camp graduation and awards ceremony will be held prior to the finish of the tournament games at 12:00pm. Departure is by 12:30pm on July 24, 2005.



## INDIVIDUAL BIO

Please complete this form. You will be required to **mail or fax to Amonte Sports (781-829-0176) PO Box 615 Hingham MA 02043**. Individual Bio/Health and Release form is due by **July 11, 2005**.

### Personal Information:

Campers Name: \_\_\_\_\_ Camp Date(s): \_\_\_\_\_  
Hometown: \_\_\_\_\_ School: \_\_\_\_\_  
Age: \_\_\_\_\_ Graduation Year: \_\_\_\_\_ Email: \_\_\_\_\_

### Team Information:

Coaches Name: \_\_\_\_\_  
Coaches Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
Coaches Phone: \_\_\_\_\_ Coaches Email: \_\_\_\_\_

### Club Team Information:

Club Coaches Name: \_\_\_\_\_  
Club Coaches Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_  
ClubCoaches Phone: \_\_\_\_\_ Club Coaches Email: \_\_\_\_\_

### Camper Information (optional):

Are you looking to eventually play lacrosse or another sport in college? \_\_\_\_\_  
\_\_\_\_\_  
Have you ever been exposed to weight training or strength and conditioning? \_\_\_\_\_  
\_\_\_\_\_  
What other sports do you play? \_\_\_\_\_  
\_\_\_\_\_  
Other Concerns, special situations, or needs? \_\_\_\_\_



## Northwestern University Elite Camp Checklist of Things To Bring

T-shirts

Shorts

Sweat Shirt

Sweat Pants

Sports Bras

Bathing Suit

Cleats

Athletic Socks

Sneakers

Lacrosse Stick

Mouth Guard

Towel

Fan

Water Bottle

Sunscreen

Insect Repellent

Spending Money

Gloves (optional)

**Goggles (mandatory)**

Pillow, Pillowcase (optional)

Bed Sheets (optional)

**Please note: Linens will be provided**

# Northwestern University Elite Camp Daily Schedule:

## Thursday July 21, 2005

Check in @ (Elder Dorm)	
2321 Sheridan Road	12:00pm-1:00pm
Meeting and Welcome @ ACC	1:15pm
Rules/regulation/intros/tour	1:30pm
Skills 1/Strength 1	2:00pm-4:40pm
Dinner	5:00pm-6:00pm
*Evening Games	6:00pm-8:00pm
<b>Commuters <u>must check out</u> and be picked up at the Lakeside Turf Field 8:00pm</b>	
<b>It is optional to stay for the camper counselor challenge.</b>	
*Camper Counselor Challenge	8:00pm-8:45pm
Lacrosse Films/Camp Store	8:00pm-10:00pm
Attendance Call in Dorms	10:05pm
Lights out	10:45pm

## Friday July 22, 2005

Breakfast	7:30am-9:00am
<b>Commuters should be dropped off and check in at Long Field 9:00am</b>	
Skills 2/Strength 2	9:00am-11:40pm
Lunch	12:00pm-1:00pm
Beach optional/break	1:00pm-1:50pm
Small Space instruction/play	2:00pm-4:40pm
Dinner	5:00pm-6:00pm
*Evening Games	6:00pm-8:00pm
<b>Commuters <u>must check out</u> and be picked up at the Lakeside Turf Field 8:00pm</b>	
<b>It is optional to stay for the camper counselor challenge.</b>	
*Camper Counselor Challenge	8:00pm-8:45pm
College talk	8:00pm-10:00pm
Attendance Call in Dorms	10:05pm
Lights out	10:45pm

## Saturday July 23, 2005

Breakfast	7:30am-9:00am
<b>Commuters should be dropped off and check in at Long Field 9:00am</b>	
Skills 3/Strength 3	9:00am-11:40pm
Lunch	12:00pm-1:00pm
Beach optional/break	1:00pm-1:50pm
3v3 tourney	2:00pm-4:40pm
Dinner	5:00pm-6:00pm
*Evening Games/All Star Game	6:00pm-8:00pm
<b>Commuters <u>must check out</u> and be picked up at the Lakeside Turf Field 8:00pm</b>	
<b>It is optional to stay for the camper counselor challenge.</b>	
*Camper Counselor Challenge	8:00pm-8:45pm
Film Analysis/Pizza Party	9:00pm-10:30pm
Attendance Call in Dorms	10:35pm
Lights out	10:45pm

## Sunday July 24, 2005

Breakfast	7:30am-9:00am
*Tournament Games	9:00am-12:00pm
*Awards & Goodbyes	12:00pm-12:30pm
<b><u>Check out Departure</u></b>	12:30pm

\*Parents are welcomed to come and watch evening games and our final tournament.

# Directions to Northwestern University

## Getting to Evanston from the North

### via I-94

take I-94 south to **Skokie Blvd**

follow southbound Skokie Blvd approximately 2 miles to **Golf Rd**

turn left at the traffic light onto eastbound Golf Rd

follow Golf Rd approximately four miles into Evanston (the road name changes to **Emerson St** in Evanston!)

just past Maple St in Evanston is a fork in the road; bear to the right to go onto **Clark St**.

follow Clark St through downtown Evanston. You'll know you're going the correct way when you note some landmarks: the Rebecca Crown Center (which houses the offices of the Central Administration of Northwestern) on the north side of Clark St (to your left) a Burger King restaurant on the south side of Clark St (to your right)

Clark St ends at **Sheridan Rd**. Continue on Sheridan for a mile and Turn left on Colfax and the dorm will be on your right. (2321 Sheridan Road) If you hit Lincoln you went one street too far.

## Getting to Evanston from the West or Northwest

### via I-88, I-90 or I-190

take I-88, I-90 or I-190 eastbound until you reach northbound I-294 (heading toward Wisconsin)

take I-294 north to **Dempster St** east follow Dempster St approximately ten miles through the suburbs of Des Plaines, Park Ridge, Niles, Morton Grove, Skokie and Evanston turn left onto northbound **Forest Ave** just through downtown Evanston (the last traffic light before Dempster St ends at Lake Michigan); you know you'll be approaching this light by looking for the following landmarks: the second-to-last traffic light is at Chicago Ave, in downtown Evanston. At this intersection there is a Baskin-Robbins ice cream shop on the left (northeast corner), and a pet store on the right (southwest corner). One block past Chicago Ave is Hinman Ave; the intersection of Dempster and Hinman is a four-way stop. On the left (northeast corner) is an elementary school. Two blocks further is Forest Ave and its traffic light. follow northbound Forest Ave for approximately half a mile, curving to the right (eastbound), then left (northbound), until it merges with and ends at **Sheridan Rd**. When this occurs, you will see Lake Michigan on your right (to the east). Sheridan Rd curves to the left (westbound) when it reaches the main body of the Evanston campus. Continue on Sheridan for a mile and Turn left on Colfax and the dorm will be on your right. (2321 Sheridan Road) If you hit Lincoln you went one street too far.

## Getting to Evanston from the West or Southwest

### via I-55 or I-80

if coming in on eastbound I-80, follow I-80 until the interchange with I-55; take northbound I-55

follow northbound I-55 until the interchange with I-90/I-94; take northbound I-90/I-94

when I-94 splits from I-90, bear to the right, staying on I-94 take I-94 north to **Dempster St** east follow Dempster St approximately five miles through the suburbs of Skokie and Evanston turn left onto northbound **Forest Ave** just through downtown Evanston (the last traffic light before Dempster St ends at Lake Michigan); you know you'll be approaching this light by looking for the following landmarks: the second-to-last traffic light is at Chicago Ave, in downtown Evanston. At this intersection there is a Baskin-Robbins ice cream shop on the left (northeast corner), and a pet store on the right (southwest corner). One block past Chicago Ave is Hinman Ave; the intersection of Dempster and Hinman is a four-way stop. On the left (northeast corner) is an elementary school. Two blocks further is Forest Ave and its traffic light. follow northbound Forest Ave for approximately half a mile, curving to the right (eastbound), then left (northbound), until it merges with and ends at **Sheridan Rd**. When this occurs, you will see Lake Michigan on your right (to the east). Sheridan Rd curves to the left (westbound) when it reaches the main body of the Evanston campus. Continue on Sheridan for a mile and Turn left on Colfax and the dorm will be on your right. (2321 Sheridan Road) If you hit Lincoln you went one street too far.

## Getting to Evanston from the East or South

### via I-94, I-90, I-80 or I-57

Once you reach the Chicago area, you want to get onto northbound I-94. Please make the following notes. If you are coming

from **I-80/I-94**: I-94 splits from I-80 and heads northbound south of Chicago **I-57**: I-57 ends at and merges into I-94 on the

southside of Chicago **I-90**: I-90 merges with I-94 on the southside of Chicago Once you are on northbound I-94: when I-94

splits from I-90, bear to the right, staying on I-94 take I-94 north to **Dempster St** east

follow Dempster St approximately five miles through the suburbs of Skokie and Evanston turn left onto northbound **Forest Ave** just through downtown Evanston (the last traffic light before Dempster St ends at Lake Michigan); you know you'll be approaching this light by looking for the following landmarks: the second-to-last traffic light is at Chicago Ave, in downtown Evanston. At this intersection there is a Baskin-Robbins ice cream shop on the left (northeast corner), and a pet store on the right (southwest corner).

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follow northbound Forest Ave for approximately half a mile, curving to the right (eastbound), then left (northbound), until it merges with and ends at **Sheridan Rd**. When this occurs, you will see Lake Michigan on your right (to the east). Sheridan Rd curves to the left (westbound) when it reaches the main body of the Evanston campus. Continue on Sheridan for a mile and Turn left on Colfax and the dorm will be on your right. (2321 Sheridan Road) If you hit Lincoln you went one street too far.

## To Pay Your Remaining Balance Online with a Credit Card

- Go to <http://www.active.com/camps>
- Log in with your username and password in the upper right-hand corner.
- After the page refreshes and reads "Hi, Your Name" in the top right-hand corner, click "My Active" to the right.
- Under "My Active Account" in the top right, click "Balances Due."
- Under "Balances Due" click on the "pay balance" link.
- Enter in your credit card information (for security reasons, no payment information is stored) and click "Submit."
- When you have successfully completed the balance payment, you will receive a confirmation receipt.