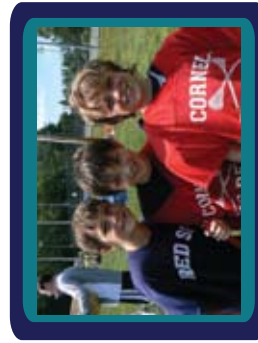




# RAPID FIRE BOYS LACROSSE CAMPS 2009



**WORK WITH WASHINGTON BAYHAWK COACH  
AND GENERAL MANAGER SCOTT HILLER AND  
CURRENT MAJOR LEAGUE LACROSSE PLAYERS!**

Evanston, IL: June 29 - July 2, 2009  
Pembroke, MA: July 6 - 9, 2009  
Needham, MA: July 13-16



**AMONTE SPORTS**  
P.O. Box 5366  
Evanston, IL 60204

Enroll online at:  
[amontesports.com](http://amontesports.com)



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Evanston, IL: June 29 - July 2     Pembroke, MA: July 6 - 9     Needham, MA: July 13-16

**Check Box to Select \$35 Cancellation Insurance**

*See reverse side for cancellation insurance details*

Name: \_\_\_\_\_ School Grade: \_\_\_\_\_ DOB: \_\_\_\_\_ Email (required): \_\_\_\_\_  
Parent's email (required): \_\_\_\_\_ Phone Numbers: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Please Circle one: 1 2 3 4 5 6 (level of play compared to others in your age group with 6 the strongest)  
Please list friends or teammates of a similar playing level attending camp who you think you should be grouped with: \_\_\_\_\_

**A non-refundable deposit of \$150 is required by May 14, 2009. After May 14, please call for availability. Please make checks payable to: Amonte Sports and send completed application and check to: Amonte Sports, P.O. Box 5366, Evanston, IL 60204. Family discount: 10% off the normal rate for each additional immediate family member. Upon receipt of the deposit, we will send you a confirmation packet with complete camp details.**

**PLEASE REVIEW COMPLETE CANCELLATION POLICY-AND OPTIONAL CANCELLATION INSURANCE-DESCRIBED ON THE REVERSE SIDE OF THIS BROCHURE. NOTE THAT CANCELLATION INSURANCE MUST BE PAID UPON INITIAL CAMP DEPOSIT/PAYMENT.**

I hereby waive and release Amonte Sports, its affiliates, and the specific camp sites from any and all liability for injuries resulting from participation in any activities associated with Rapid Fire Boys Lacrosse Camp.

Parent/guardian's signature: \_\_\_\_\_ Date: \_\_\_\_\_

Camper's health insurance company: \_\_\_\_\_ Policy No. \_\_\_\_\_

If you would like to pay online, please register at: [www.amontesports.com](http://www.amontesports.com)

**AMONTE SPORTS**  
P.O. Box 5366  
Evanston, IL 60204

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fax: (847) 556-6453  
email: agersuk@womenslax.com  
web site: www.amontesports.com



# RAPID FIRE BOYS LACROSSE CAMPS

REGISTER EARLY ONLINE @ [AMONTESPORTS.COM](http://AMONTESPORTS.COM) AND SAVE!  
WORK WITH WASHINGTON BAYHAWK'S COACH AND GENERAL MANAGER SCOTT HILLER AND A SELECTION OF CURRENT MAJOR LEAGUE LACROSSE PLAYERS!

## RAPID FIRE BOYS LACROSSE SUMMER CAMPS

### DAY SESSION OVERVIEW

This program is geared towards the beginner to novice player who is looking to improve upon the basic skills learned in the first and formative years of lacrosse. Most players will come to camp with at least one year of experience from a game or skills only program.

### The typical day will follow this schedule:

- Check-in, stretching, warm-up
- Shooting "rapid fire" stations
- AM skills session (offense, defense, goalies)
- Team practices
- Games
- End of day competition with prizes
- Depart



### Instructional Session Overview

These sessions will focus on advanced skills and maneuvers critical for the intermediate player looking for an edge against his competition

#### Attack & Midfielders

- Emphasis on proper shooting techniques, with 30 minutes of shooting drills daily. Additional work on face-offs, stick and body fakes, dodging techniques, 1v1 offensive maneuvers.

#### Defense

- All checking and positioning techniques such as: slap check, poke check, ding-dong, over-the-head, hook check, and foot work drills.

#### Goalies

- Positioning, stick work, field work, field signals, setting up clears, and other drills to put into use post camp

### CAMP DETAILS

Rapid Fire Lacrosse Camp: IL

- June 29-July 2, 2009
- Times: 9AM - 12PM
- Evanston HS: Evanston, IL
- Price: \$230
- Details: ages 7-13

Rapid Fire Lacrosse Camp: MA

- July 6-9, 2009
- Times: 8:30AM - 12:30PM
- Pembroke HS: Pembroke, MA
- Price: \$255
- Details: ages 7-13

Rapid Fire Lacrosse Camp: MA

- July 13-16, 2009
- Times: 8:30AM - 12:30PM
- St. Sebastian's HS: Needham, MA
- Price: \$255
- Details: ages 7-13



### MEET THE DIRECTOR: SCOTT HILLER

Scott is the co-owner, coach, and general manager of the Washington Bayhawks of Major League Lacrosse (MLL). Prior to the Bayhawks, Hiller was the head coach and director of player personnel for the Boston Cannons who advanced to the MLL championship game in his last season (2004). In 2002, Hiller was named MLL Coach of the Year.

Before joining the Cannons, Hiller spent eight seasons as assistant coach for the Harvard Men's Lacrosse team. Prior to Harvard, he had an outstanding playing career that included a U.S. World Team appearance in 1994.



Additionally, Scott is currently a volunteer assistant coach for the Northwestern Women's Lacrosse team, who have won four consecutive NCAA Divisions I National Championships under the direction of head coach Kelly Amonte Hiller, Scott's wife.

Hiller graduated from the University of Massachusetts in 1990. He is third on the career points list at UMass, where he was one of just two players to be named All-American all four years. He was captain of the Minutemen as a senior.

### ADDITIONAL COACHES AND STAFF

*Kevin Leveille: UMASS Alumni and currently on the Chicago Machine*  
*All groups will be coached by college-level experienced coaches*

Also, many alumni from the local high school programs will be on hand to help coach and assist. We have had great success including local players who are currently still playing at the high school level. Their ability to connect with the kids, and make them see how achievable it is to become a great player with hard work and the proper coaching, is critical to the camp's success.

### Amonte Sports Cancellation Insurance

For an additional \$35, cancellation insurance can be added to your registration. Our cancellation insurance entitles you to a full cash refund of all camp fees paid to Amonte Sports at the time of cancellation. Note that the \$35 cancellation insurance fee is non-refundable. To receive a full cash refund, you must email Ashley Gersuk (agersuk@womenslax.com) no later than 11:59 pm five days before the start of camp. There will be no exceptions to this deadline. Refund checks will be sent by 9/30/09.

### Amonte Sports General Cancellation Policy

If you cancel from camp for any reason you will be charged a \$50 administration fee. You will receive a credit voucher for all monies paid to Amonte Sports less the \$50 administration fee. The credit voucher is valid towards any Amonte Sports camp/clinic fees through 2010 and transferable to any family member. Cancellations must be made in writing via email to agersuk@womenslax.com. Cash refunds will only be issued with the purchase of Amonte Sports cancellation insurance.

**REGISTER TODAY ONLINE AT [WWW.AMONTESPORTS.COM](http://WWW.AMONTESPORTS.COM)**